

## GRADE 7—JANUARY

### Home Lesson Outline

Chapter 8: The Eucharist: The Liturgy of the Eucharist

Chapter 9: The Eucharist: Communion and Sending Forth

Open with prayer:

*Make the Sign of the Cross, and pray:* God, thank for all that you have given us, especially for the gift of your Son. May we always recognize your face in others, especially as we learn about your presence in the Eucharist. I ask this through Christ our Savior. Amen. *Close with the Sign of the Cross.*

Consider this: Thanking God is one of the reasons we go to Mass every week. The Eucharist is the very best way we can thank God for giving us his Son, Jesus, and for all the other gifts we have been given. When we share the Body of Christ, we feel a sense of belonging to God and to the Church, and we go forth to share God's love with others who are also hungry for God. Do you live a life of gratitude?

Read the summaries (attached) for Chapters 8 and 9, then reflect on the following questions:

- Reflect on this quote “The person who eats without first thanking God is a thief.” What is your reaction to this saying? If this is true, and God has given us everything we have, and we have not thanked him, what have we been “stealing” from God?
- When we receive the Body of Christ, we are transformed *into* the Body of Christ so that we may continue Christ's work on Earth. We do this by offering our gifts of time and talent, along with our treasure. What gifts can you offer in each area of time, talent and treasure?
- When Mass ends, we are sent out to announce the Good News of the Gospel with our lives. What is the Lord send you to do this week for your family, friends and neighbors?

Chapter 8

Chapter 9

# Chapter 8 Summary

## The Eucharist: The Liturgy of the Eucharist

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1. The Liturgy of the Eucharist includes the Presentation and Preparation of the Gifts and the Eucharistic Prayer, ending with the Amen after the Concluding Doxology.
2. In the Presentation and Preparation of the Gifts, members of the assembly bring the bread and wine to the altar. Money for the support of the parish and the help of those who are poor is collected from the people.
3. The Eucharistic Prayer is the core of the Mass. It consists of several parts: the Preface Dialogue, the Preface, the Preface Acclamation (or Holy, Holy, Holy), the Mystery of Faith (or Memorial Acclamation), the Concluding Doxology, and the Amen.
4. The Preface Dialogue is an invitation to pray together.
5. The Preface is a summary of the good things the Father has done for us throughout history, and it leads us to the main reason we are thankful at this Eucharist: the gift of God's Son, Jesus Christ.
6. The epiclesis is a calling down of the Holy Spirit upon the gifts of bread and wine.
7. The Institution Narrative and Consecration are familiar parts of the Eucharist in which the bread and wine are changed into the Body and Blood of Christ. This change is called Transubstantiation.
8. The Mystery of Faith (or Memorial Acclamation) gives the assembly the opportunity to affirm the love of Christ for us, as we remember that he died on the cross, was raised by the Father, and will come again.
9. In the next part of the Eucharistic Prayer, the oblation, we ask God to receive our sacrifice of praise and our own lives lived as his children. This is followed by prayers and intercessions in which we pray for the Church, the Church's leaders, and all the living and the dead.
10. The Concluding Doxology and Amen end the Eucharistic Prayer. A doxology is a statement of praise, and it is affirmed by our Amen.



# Chapter 9 Summary

## The Eucharist: Communion and Sending Forth

1. *Communion* means the receiving of the Body and Blood of Christ.
2. *Communion* also means our union with Christ and one another, especially when we eat and drink his Body and Blood.
3. The Communion Rite is the high point of the Mass.
4. After the Eucharistic Prayer, we pray the Lord's Prayer, the prayer that Jesus taught his disciples. In this prayer, we promise to forgive one another.
5. At the Sign of Peace, we put our promise into action and share a Sign of Peace with one another.
6. At the Fraction of the Bread, the priest breaks the consecrated Host into smaller pieces so that it can be shared. At this time, we sing a litany, the Lamb of God.
7. We are then invited to come to Communion and to receive the Body and Blood of Christ. As we share Communion, we sing together to show our union with one another through the Holy Spirit. In Communion, we become one with the Body of Christ in his very Body and in the Body of Christ that is the Church.
8. After a short time of silence or a song of praise, we give thanks to God for the gift of the Eucharist. We end the Communion Rite with a prayer asking that the Communion we have shared will change our lives.
9. After the Final Blessing, we are sent out to announce the Good News of the Gospel with our lives.

