

Choosing A Sponsor

By Canon Law, a sponsor must:

- Be chosen by the person who will be confirmed or by the parents
- Be at least sixteen years old, unless a different age has been established by the diocesan bishop.
 - *Mary of the Visitation strongly urges candidates to choose a sponsor who is least 6 years older than the candidate and can share faith and experience from the perspective of an adult with a mature, lived faith.*
- Be a Catholic who has already been confirmed and who has received the Sacrament of Eucharist
- Lead a faith-filled life and be a Catholic in good standing
- Not be the mother or father of the one to be confirmed

Additional considerations:

- To show the unity of the Sacraments of Initiation, it is preferable that the Confirmation sponsor be the same as the Baptismal Godparent. If this is not possible, the sponsor should be someone who will be available to the candidate during the preparation process. Parents cannot be sponsors.
- The sponsor brings the candidate to receive the sacrament, presents him to the minister for the anointing, and will later help him to fulfill his baptismal promises faithfully under the influence of the Holy Spirit (from the RITE OF CONFIRMATION, #5)

ATTRIBUTES OF A GOOD CONFIRMATION SPONSOR:

A sponsor is someone who will walk the faith journey with the candidate for Confirmation, helping to guide them while living their own faith within the Catholic community as well as the world outside the church.

- be someone the candidate trusts and feels comfortable sharing with
- be a living model of faith by regularly participating in weekend liturgies, and utilizing the gifts of the Spirit for the good of the community
- be a person of prayer
- remain a part of the newly confirmed Catholic's life, remembering birthdays, the anniversary of Confirmation, and continuing to journey together in faith

REQUIREMENTS OF A CONFIRMATION SPONSOR:

- Be WILLING to fulfill their role
- Be able to attend 2 candidate and sponsor sessions
 - Orientation
 - Final Session & Rehearsal
- Be able to meet with the candidate several times during the process
- Be present at Confirmation Liturgy

Sponsor Information

*Please return to Barb on or before March 16

Candidate Name: _____

Sponsor Name: _____

Church Sponsor Attends: _____

Sponsor Address: _____

Sponsor Phone: _____ Cell: _____

Sponsor Email: _____

When choosing a sponsor, please consider:

- Does he/she share and live his/her Catholic faith?
- Is he/she mature, confirmed, and practicing his/her faith?
- Does this person exhibit his/her commitment to Christ and the Church?
- Does the person have knowledge of his/her faith?

Tell us why you are choosing this person to be your sponsor:



(or use the QR code to access the online form)